

How you can access our services

Step 1 –complete a referral form, you can do this yourself via the FASST website or speak to a member of staff at your child’s school.

Step 2 – A member of the Esteem FASST Team will contact you to discuss how we can help

Step 3– We will work together to achieve the goals that we have set together. This may involve; home visits, multi-agency meetings, referrals to specialist services and direct work with your child or young person

[Www.fasst-esteem.co.uk](http://www.fasst-esteem.co.uk)

FASST information

FASST Manager

Hannah Longley
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Esteem FASST





Helping Our Pupils Emotions

The Hope Project is a low-level (tier one or two) early intervention project aimed at supporting the emotional needs of pupils in schools. This is through 1:1 listening sessions, group activities.

HOPE is usually a 6-8 week programme of weekly 1:1 sessions.

HOPE is not a counselling or a therapy service.

Useful Websites

These are website that we think you may find handy.

Dealing with Bereavement

www.winstonswish.org

www.childbereavementuk.org

Safety online

www.ceop.police.uk/safety-centre

www.thinkuknow.co.uk/parents

Special Educational Needs

www.bild.org.uk

Dealing with Mental Health

www.youngminds.org.uk

www.childline.org.uk

www.cwmt.org.uk

Dealing with Abuse

www.nspcc.org.uk



The programme consists of a five-part parent/carer course that will:

Build upon parents and carers knowledge, empathy, skills and attributes to promote and strengthen children and young people's resilience and emotional wellbeing

Strengthen parents and carers own levels of resilience

Increase confidence and ability to explore different ways to support their children; and

Improve/enhance relationships parents have with their children

If you are interested in attending one of our courses please call Rachel Hopkinson on 07572 373944